



## Workplace Mental Health Strategies

Winter 2021

Webinar Series

Feb 24, 2021

8:00 AM TO 9:00 AM

### Sarah Spohr, NCSO, ABCP

Risk Consultant

Risk Services Leader – National Construction Practice

Sarah Spohr is a Risk Consultant with HUB International's Risk Services Division and is based in Calgary, AB. Sarah has over fifteen years of Occupational Health and Safety experience working with high profile aerospace, construction, manufacturing, and energy processing operations. Sarah provides solutions in the areas of risk mitigation, safety, and regulatory compliance in both English and French. Prior to joining HUB, Sarah managed the Safety Management Program and the day to day safety operations for a heavy construction company in western Canada.

#### *Education*

Occupational Health and Safety, University of New Brunswick Applied Management, Southern Alberta Institute of Technology Risk Management Certificate, University of Calgary

#### *Credentials*

National Construction Safety Officer (NCSO)

Associate Business Continuity Professional (ABCP)

